

Programmanr. 20  
5-6-2016

Heren, 400m wisselslag

Junioren 1 en ouder  
Resultaten

rang	naam	vereniging	intijd	tijd	RT	Punt.		
<b>Junioren 1</b>								
1.	Stan de Swart	PSV	5:46.70	200300535	5:31.62	+0,76 398		
	50m: 34.60	34.60	150m: 1:58.36	40.29	250m: 3:27.58	48.14	350m: 4:54.82	38.10
	100m: 1:18.07	43.47	200m: 2:39.44	41.08	300m: 4:16.72	49.14	400m: 5:31.62	36.80
2.	Sjors Lemmers	ZWK Merlet	5:36.94	200300555	5:48.58	+0,68 342		
	50m: 36.10	36.10	150m: 2:05.34	46.22	250m: 3:38.63	49.32	350m: 5:09.68	41.72
	100m: 1:19.12	43.02	200m: 2:49.31	43.97	300m: 4:27.96	49.33	400m: 5:48.58	38.90
3.	Yuri Wasser	PSV	6:50.51	200301327	6:46.17	+0,52 216		
	50m: 42.15	42.15	150m: 2:31.40	53.44	250m: 4:17.27	56.55	350m: 6:01.54	46.11
	100m: 1:37.96	55.81	200m: 3:20.72	49.32	300m: 5:15.43	58.16	400m: 6:46.17	44.63
<b>Junioren 2</b>								
1.	Timo Spaans	PSV	5:13.70	200201087	5:09.22	+0,71 490		
	50m: 30.38	30.38	150m: 1:47.84	41.07	250m: 3:11.67	44.18	350m: 4:34.92	37.20
	100m: 1:06.77	36.39	200m: 2:27.49	39.65	300m: 3:57.72	46.05	400m: 5:09.22	34.30
2.	Devin Servais	Dommelbaarzen	5:35.79	200202285	5:23.19	+0,78 429		
	50m: 34.08	34.08	150m: 1:54.47	40.88	250m: 3:20.77	45.68	350m: 4:45.96	38.21
	100m: 1:13.59	39.51	200m: 2:35.09	40.62	300m: 4:07.75	46.98	400m: 5:23.19	37.23
3.	Jelmer North	Z&PV Nuenen	5:34.83	200200617	5:26.87	+0,78 415		
	50m: 34.81	34.81	150m: 1:55.51	41.79	250m: 3:25.34	48.13	350m: 4:51.09	36.96
	100m: 1:13.72	38.91	200m: 2:37.21	41.70	300m: 4:14.13	48.79	400m: 5:26.87	35.78
4.	Luc van Eijndhoven	Argo	5:52.47	200200139	5:28.28	+0,71 410		
	50m: 32.54	32.54	150m: 1:54.83	43.09	250m: 3:23.77	48.74	350m: 4:53.10	38.68
	100m: 1:11.74	39.20	200m: 2:35.03	40.20	300m: 4:14.42	50.65	400m: 5:28.28	35.18
5.	Dion Staal	De Warande	5:50.77	200200065	5:54.13	+0,73 326		
	50m: 36.61	36.61	150m: 2:07.91	47.54	250m: 3:43.87	49.12	350m: 5:15.70	41.11
	100m: 1:20.37	43.76	200m: 2:54.75	46.84	300m: 4:34.59	50.72	400m: 5:54.13	38.43
6.	Sjoerd Looymans	Dommelbaarzen	6:15.02	200203687	6:12.46	+0,76 281		
	50m: 38.70	38.70	150m: 2:15.76	49.15	250m: 3:56.53	52.02	350m: 5:31.96	43.91
	100m: 1:26.61	47.91	200m: 3:04.51	48.75	300m: 4:48.05	51.52	400m: 6:12.46	40.50
7.	Luke Looymans	Dommelbaarzen	6:24.63	200203689	6:26.32	+0,69 251		
	50m: 39.07	39.07	150m: 2:20.81	49.82	250m: 4:02.70	52.52	350m: 5:41.23	44.43
	100m: 1:30.99	51.92	200m: 3:10.18	49.37	300m: 4:56.80	54.10	400m: 6:26.32	45.09
<b>Junioren 3</b>								
1.	Janne Englebert	Hieronymus	5:18.97	200101561	5:20.33	+0,73 441		
	50m: 32.89	32.89	150m: 1:51.66	39.15	250m: 3:20.39	49.00	350m: 4:45.57	35.94
	100m: 1:12.51	39.62	200m: 2:31.39	39.73	300m: 4:09.63	49.24	400m: 5:20.33	34.76
2.	Leendert Paans	De Biesboschwemmers	5:26.16	200102805	5:32.75	+0,76 394		
	50m: 33.02	33.02	150m: 1:56.99	45.07	250m: 3:27.04	47.04	350m: 4:54.52	38.03
	100m: 1:11.92	38.90	200m: 2:40.00	43.01	300m: 4:16.49	49.45	400m: 5:32.75	38.23
3.	Lars Kammers	Hieronymus	5:42.45	200100497	5:57.49	+0,90 317		
	50m: 36.78	36.78	150m: 2:08.91	46.60	250m: 3:44.38	49.91	350m: 5:18.13	40.64
	100m: 1:22.31	45.53	200m: 2:54.47	45.56	300m: 4:37.49	53.11	400m: 5:57.49	39.36
<b>Junioren 4</b>								
1.	Bas Erdmann	Hieronymus	5:17.99	200003065	5:15.00	+0,84 464		
	50m: 32.94	32.94	150m: 1:50.55	40.81	250m: 3:17.84	46.09	350m: 4:40.65	36.07
	100m: 1:09.74	36.80	200m: 2:31.75	41.20	300m: 4:04.58	46.74	400m: 5:15.00	34.35
2.	Casper Bolkenbaas	TRB/RES	5:14.85	200002591	5:21.19	+0,87 438		
	50m: 32.17	32.17	150m: 1:52.86	43.64	250m: 3:21.01	46.33	350m: 4:47.28	37.36
	100m: 1:09.22	37.05	200m: 2:34.68	41.82	300m: 4:09.92	48.91	400m: 5:21.19	33.91
3.	Thijs Manders	TRB/RES	5:15.51	200002731	5:21.26	+0,68 437		
	50m: 33.67	33.67	150m: 1:56.39	41.28	250m: 3:25.71	47.43	350m: 4:48.78	34.36
	100m: 1:15.11	41.44	200m: 2:38.28	41.89	300m: 4:14.42	48.71	400m: 5:21.26	32.48
4.	Tom Kruis	De Biesboschwemmers	5:36.60	200000059	5:26.34	+0,74 417		
	50m: 32.95	32.95	150m: 1:52.92	41.20	250m: 3:21.53	47.08	350m: 4:49.55	38.69
	100m: 1:11.72	38.77	200m: 2:34.45	41.53	300m: 4:10.86	49.33	400m: 5:26.34	36.79
5.	Quinn van der Krabben	ZWK Merlet	5:56.28	200004797	5:39.69	+0,83 370		
	50m: 33.01	33.01	150m: 1:56.67	42.27	250m: 3:28.78	49.16	350m: 5:00.38	40.09
	100m: 1:14.40	41.39	200m: 2:39.62	42.95	300m: 4:20.29	51.51	400m: 5:39.69	39.31

Programmanr. 20, Heren, 400m wisselslag

Jeugd 1

1.	Thomas van Ekert	Z&PV Nuenen	5:10.30	199901917	5:11.69	+0,81	479
	50m: 30.86	30.86 150m: 1:48.10	41.37	250m: 3:13.96	45.22	350m: 4:37.20	37.40
	100m: 1:06.73	35.87 200m: 2:28.74	40.64	300m: 3:59.80	45.84	400m: 5:11.69	34.49
2.	Lars Hurks	TRB/RES	5:42.05	199901667	5:29.82	+0,69	404
	50m: 34.32	34.32 150m: 2:00.47	41.23	250m: 3:28.08	46.97	350m: 4:55.65	37.80
	100m: 1:19.24	44.92 200m: 2:41.11	40.64	300m: 4:17.85	49.77	400m: 5:29.82	34.17
NG	Stijn Simons	PSV	4:44.29	199900813			

Jeugd 2

1.	Bas van Haperen	Z & Pc Dio	5:28.23	199805507	5:30.61	+0,79	401
	50m: 34.18	34.18 150m: 1:58.87	44.10	250m: 3:29.61	47.00	350m: 4:55.07	37.42
	100m: 1:14.77	40.59 200m: 2:42.61	43.74	300m: 4:17.65	48.04	400m: 5:30.61	35.54
2.	Ramón Pleijers	Dommelbaarzen	5:29.70	199802013	5:34.06	+0,68	389
	50m: 32.86	32.86 150m: 1:57.60	46.16	250m: 3:27.37	46.32	350m: 4:56.75	42.13
	100m: 1:11.44	38.58 200m: 2:41.05	43.45	300m: 4:14.62	47.25	400m: 5:34.06	37.31
3.	Bas Gibbels	Z&PV Nuenen	5:24.70	199801973	5:39.81	+0,74	369
	50m: 38.73	38.73 150m: 2:10.95	45.59	250m: 3:39.91	45.17	350m: 5:04.13	37.33
	100m: 1:25.36	46.63 200m: 2:54.74	43.79	300m: 4:26.80	46.89	400m: 5:39.81	35.68

Senioren 1 en ouder

1.	Arjan Knipping	PSV	4:25.90	199401667	4:34.55	+0,74	701
	50m: 28.64	28.64 150m: 1:38.33	36.44	250m: 2:51.36	37.38	350m: 4:02.53	33.50
	100m: 1:01.89	33.25 200m: 2:13.98	35.65	300m: 3:29.03	37.67	400m: 4:34.55	32.02
2.	Wietse Beerens	Dommelbaarzen	4:36.00	198700159	4:48.78	+0,76	602
	50m: 31.10	31.10 150m: 1:45.03	38.31	250m: 3:01.59	39.59	350m: 4:15.98	34.75
	100m: 1:06.72	35.62 200m: 2:22.00	36.97	300m: 3:41.23	39.64	400m: 4:48.78	32.80
3.	Loek van Houtert	ZWK Merlet	4:43.26	199504515	4:53.54	+0,75	573
	50m: 31.34	31.34 150m: 1:47.85	41.49	250m: 3:08.22	40.61	350m: 4:22.65	33.38
	100m: 1:06.36	35.02 200m: 2:27.61	39.76	300m: 3:49.27	41.05	400m: 4:53.54	30.89
4.	Vincent Dermaux	AquaDream	5:07.07	199600599	5:06.90	+0,74	502
	50m: 30.25	30.25 150m: 1:47.31	39.62	250m: 3:10.17	43.44	350m: 4:31.73	35.89
	100m: 1:07.69	37.44 200m: 2:26.73	39.42	300m: 3:55.84	45.67	400m: 5:06.90	35.17
5.	Pieter Pijnenburg	Z&PV Nuenen	5:19.00	199305227	5:30.49	+0,74	402
	50m: 34.23	34.23 150m: 2:02.07	45.97	250m: 3:30.29	42.48	350m: 4:52.67	38.10
	100m: 1:16.10	41.87 200m: 2:47.81	45.74	300m: 4:14.57	44.28	400m: 5:30.49	37.82
6.	Daan van Erp	TRB/RES	5:14.18	198903833	6:17.58	+0,74	269
	50m: 37.72	37.72 150m: 2:16.54	49.37	250m: 3:54.15	48.95	350m: 5:30.84	44.99
	100m: 1:27.17	49.45 200m: 3:05.20	48.66	300m: 4:45.85	51.70	400m: 6:17.58	46.74

Programmanr. 21  
5-6-2016

Dames, 800m vrije slag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd		tijd	RT	Punt.
1.	Kim Servaas	PSV	11:01.15	200400836	10:55.01	+0,74	412
	100m: 1:16.21	1:16.21 300m: 4:01.78	1:23.41	500m: 6:47.84	1:23.14	700m: 9:34.47	1:23.40
	200m: 2:38.37	1:22.16 400m: 5:24.70	1:22.92	600m: 8:11.07	1:23.23	800m: 10:55.01	1:20.54
1.	Nienke Jonk	Hieronymus	9:29.62	200203000	9:41.02	+0,71	590
	100m: 1:09.66	1:09.66 300m: 3:40.51	1:15.04	500m: 6:07.46	1:13.48	700m: 8:34.70	1:13.32
	200m: 2:25.47	1:15.81 400m: 4:53.98	1:13.47	600m: 7:21.38	1:13.92	800m: 9:41.02	1:06.32
2.	Famke Slabbers	Arethusa	9:53.85	200200100	9:58.90	+0,76	539
	100m: 1:12.77	1:12.77 300m: 3:46.13	1:16.40	500m: 6:17.76	1:15.57	700m: 8:47.25	1:14.39
	200m: 2:29.73	1:16.96 400m: 5:02.19	1:16.06	600m: 7:32.86	1:15.10	800m: 9:58.90	1:11.65
3.	Denise van der Burgt	Zeester Meerval	9:50.17	200201812	10:04.00	+0,70	525
	100m: 1:11.82	1:11.82 300m: 3:45.56	1:16.86	500m: 6:18.20	1:15.93	700m: 8:50.18	1:15.90
	200m: 2:28.70	1:16.88 400m: 5:02.27	1:16.71	600m: 7:34.28	1:16.08	800m: 10:04.00	1:13.82
4.	Anne Paulusse	De Warande	10:23.86	200200834	10:12.33	+0,80	504
	100m: 1:12.30	1:12.30 300m: 3:46.45	1:17.18	500m: 6:21.78	1:16.86	700m: 8:57.90	1:17.92
	200m: 2:29.27	1:16.97 400m: 5:04.92	1:18.47	600m: 7:39.98	1:18.20	800m: 10:12.33	1:14.43

Programmanr. 21, Meisjes, 800m vrije slag, Junioren 3

rang	naam	vereniging	intijd	tijd	RT	Punt.		
5.	Meike Simons	PSV	11:12.68	200201184	10:34.08	+0,86 454		
	100m: 1:15.69	1:15.69	300m: 3:57.58	1:20.75	500m: 6:38.11	1:19.46	700m: 9:17.21	1:19.72
	200m: 2:36.83	1:21.14	400m: 5:18.65	1:21.07	600m: 7:57.49	1:19.38	800m: 10:34.08	1:16.87
6.	Roos Englebert	Hieronymus	10:15.17	200200606	10:44.15	+0,74 433		
	100m: 1:14.68	1:14.68	300m: 3:55.74	1:19.39	500m: 6:40.36	1:22.36	700m: 9:26.76	1:22.97
	200m: 2:36.35	1:21.67	400m: 5:18.00	1:22.26	600m: 8:03.79	1:23.43	800m: 10:44.15	1:17.39
7.	Ymke van Dongen	AquAmigos	10:50.85	200202662	11:17.19	+0,72 373		
	100m: 1:17.32	1:17.32	300m: 4:07.71	1:25.32	500m: 7:00.84	1:26.73	700m: 9:52.94	1:25.98
	200m: 2:42.39	1:25.07	400m: 5:34.11	1:26.40	600m: 8:26.96	1:26.12	800m: 11:17.19	1:24.25

Jeugd 1

1.	Sterre van de Goor	Arethusa	10:02.48	200102168	9:58.13	+0,80 541		
	100m: 1:12.40	1:12.40	300m: 3:45.57	1:16.07	500m: 6:17.18	1:15.35	700m: 8:47.20	1:14.38
	200m: 2:29.50	1:17.10	400m: 5:01.83	1:16.26	600m: 7:32.82	1:15.64	800m: 9:58.13	1:10.93
2.	Lonneke Kampman	PSV	10:08.91	200100146	10:01.60	+0,70 532		
	100m: 1:10.02	1:10.02	300m: 3:41.66	1:15.74	500m: 6:13.75	1:15.25	700m: 8:45.60	1:15.51
	200m: 2:25.92	1:15.90	400m: 4:58.50	1:16.84	600m: 7:30.09	1:16.34	800m: 10:01.60	1:16.00
DIS	Anne Dickens	SBC2000	10:12.68	200100734		+0,86		
	AF - De aangegeven afstand niet uitgezwommen.							

Jeugd 2

1.	Sarah Scholten	PSV	9:50.64	200006196	9:37.84	+0,68 600		
	100m: 1:07.69	1:07.69	300m: 3:32.89	1:12.91	500m: 5:59.31	1:13.46	700m: 8:27.25	1:13.85
	200m: 2:19.98	1:12.29	400m: 4:45.85	1:12.96	600m: 7:13.40	1:14.09	800m: 9:37.84	1:10.59
2.	Esmee Venner	PSV	10:24.71	200000380	9:56.20	+0,78 546		
	100m: 1:09.44	1:09.44	300m: 3:38.61	1:14.92	500m: 6:09.21	1:15.27	700m: 8:40.85	1:16.24
	200m: 2:23.69	1:14.25	400m: 4:53.94	1:15.33	600m: 7:24.61	1:15.40	800m: 9:56.20	1:15.35
3.	Lisa de Beijer	PSV	10:07.32	200002814	10:03.97	+0,81 526		
	100m: 1:13.03	1:13.03	300m: 3:44.97	1:15.95	500m: 6:17.55	1:16.45	700m: 8:49.60	1:15.83
	200m: 2:29.02	1:15.99	400m: 5:01.10	1:16.13	600m: 7:33.77	1:16.22	800m: 10:03.97	1:14.37
4.	Lené Doomen	TRB/RES	10:21.43	200001330	11:14.07	+0,71 378		
	100m: 1:13.32	1:13.32	300m: 4:01.02	1:24.35	500m: 6:56.04	1:28.95	700m: 9:51.67	1:27.54
	200m: 2:36.67	1:23.35	400m: 5:27.09	1:26.07	600m: 8:24.13	1:28.09	800m: 11:14.07	1:22.40

Senioren 1

1.	Soraya Wasser	PSV	9:31.86	199901358	9:31.17	+0,71 621		
	100m: 1:06.17	1:06.17	300m: 3:30.65	1:12.28	500m: 5:55.31	1:12.68	700m: 8:21.05	1:12.61
	200m: 2:18.37	1:12.20	400m: 4:42.63	1:11.98	600m: 7:08.44	1:13.13	800m: 9:31.17	1:10.12
2.	Annemarie Meijer	PSV	9:33.86	199900964	9:37.46	601		
	100m: 1:09.03	1:09.03	300m: 3:38.05	1:13.99	500m: 6:03.42	1:12.86	700m: 8:28.47	1:12.34
	200m: 2:24.06	1:15.03	400m: 4:50.56	1:12.51	600m: 7:16.13	1:12.71	800m: 9:37.46	1:08.99

AFGEM Manon Aerssens PSV 9:37.00 199900294

Senioren 2

1.	Eva van Ginneken	Hieronymus	9:48.49	199800164	10:12.21	+0,84 505		
	100m: 1:10.88	1:10.88	300m: 3:45.36	1:17.75	500m: 6:22.57	1:18.73	700m: 8:59.33	1:18.12
	200m: 2:27.61	1:16.73	400m: 5:03.84	1:18.48	600m: 7:41.21	1:18.64	800m: 10:12.21	1:12.88
2.	Nadja Wortel	Hieronymus	10:10.24	199800798	10:25.55	+0,81 473		
	100m: 1:12.64	1:12.64	300m: 3:51.46	1:19.36	500m: 6:30.90	1:19.47	700m: 9:10.55	1:19.57
	200m: 2:32.10	1:19.46	400m: 5:11.43	1:19.97	600m: 7:50.98	1:20.08	800m: 10:25.55	1:15.00

Senioren

1.	Esmee Bos	PSV	9:06.86	199600662	9:08.63	+0,71 701		
	100m: 1:03.46	1:03.46	300m: 3:19.99	1:08.25	500m: 5:39.32	1:10.00	700m: 8:00.08	1:10.40
	200m: 2:11.74	1:08.28	400m: 4:29.32	1:09.33	600m: 6:49.68	1:10.36	800m: 9:08.63	1:08.55
2.	Amy van Lier	TRB/RES	9:57.56	199603022	9:46.34	+0,78 574		
	100m: 1:07.03	1:07.03	300m: 3:33.09	1:13.50	500m: 6:01.93	1:14.52	700m: 8:33.11	1:15.54
	200m: 2:19.59	1:12.56	400m: 4:47.41	1:14.32	600m: 7:17.57	1:15.64	800m: 9:46.34	1:13.23
3.	Marlijn Hendriksen	Arethusa	9:50.89	198806828	9:50.82	+0,78 561		
	100m: 1:11.07	1:11.07	300m: 3:39.60	1:14.13	500m: 6:09.51	1:15.26	700m: 8:39.20	1:14.34
	200m: 2:25.47	1:14.40	400m: 4:54.25	1:14.65	600m: 7:24.86	1:15.35	800m: 9:50.82	1:11.62
4.	Manon van Esch	TRB/RES	9:49.48	199702090	9:51.70	+0,74 559		
	100m: 1:09.18	1:09.18	300m: 3:38.72	1:15.70	500m: 6:10.35	1:15.54	700m: 8:40.76	1:15.07
	200m: 2:23.02	1:13.84	400m: 4:54.81	1:16.09	600m: 7:25.69	1:15.34	800m: 9:51.70	1:10.94

Programmanr. 21, Dames, 800m vrije slag, Senioren

rang	naam	vereniging	intijd	199503826	tijd	RT	Punt.
5.	Lindi Verkooijen	AquaDream	10:04.53	199503826	10:05.21	+0,69	522
	100m: 1:10.69	1:10.69 300m: 3:41.00	1:14.88	500m: 6:11.38	1:15.17	700m: 8:46.46	1:18.06
	200m: 2:26.12	1:15.43 400m: 4:56.21	1:15.21	600m: 7:28.40	1:17.02	800m: 10:05.21	1:18.75
6.	Selene Wortel	Hieronymus	9:51.42	199700654	10:06.61	+0,71	519
	100m: 1:09.49	1:09.49 300m: 3:41.32	1:16.41	500m: 6:16.02	1:17.92	700m: 8:51.48	1:17.81
	200m: 2:24.91	1:15.42 400m: 4:58.10	1:16.78	600m: 7:33.67	1:17.65	800m: 10:06.61	1:15.13
7.	Melissa van der Geld	AquAmigos	9:48.58	199506250	10:10.74	+0,67	508
	100m: 1:11.01	1:11.01 300m: 3:43.10	1:16.12	500m: 6:18.46	1:17.91	700m: 8:55.81	1:18.80
	200m: 2:26.98	1:15.97 400m: 5:00.55	1:17.45	600m: 7:37.01	1:18.55	800m: 10:10.74	1:14.93
8.	Renske den Dekker	ZVDO'74	10:04.03	199700138	10:25.98	+0,77	472
	100m: 1:11.19	1:11.19 300m: 3:48.89	1:19.64	500m: 6:29.42	1:20.76	700m: 9:10.10	1:20.23
	200m: 2:29.25	1:18.06 400m: 5:08.66	1:19.77	600m: 7:49.87	1:20.45	800m: 10:25.98	1:15.88
9.	Yasmine Bartelds	AquaDream	10:12.59	199604366	10:54.53	+0,75	413
	100m: 1:13.99	1:13.99 300m: 3:56.94	1:22.90	500m: 6:46.94	1:24.21	700m: 9:36.96	1:25.53
	200m: 2:34.04	1:20.05 400m: 5:22.73	1:25.79	600m: 8:11.43	1:24.49	800m: 10:54.53	1:17.57